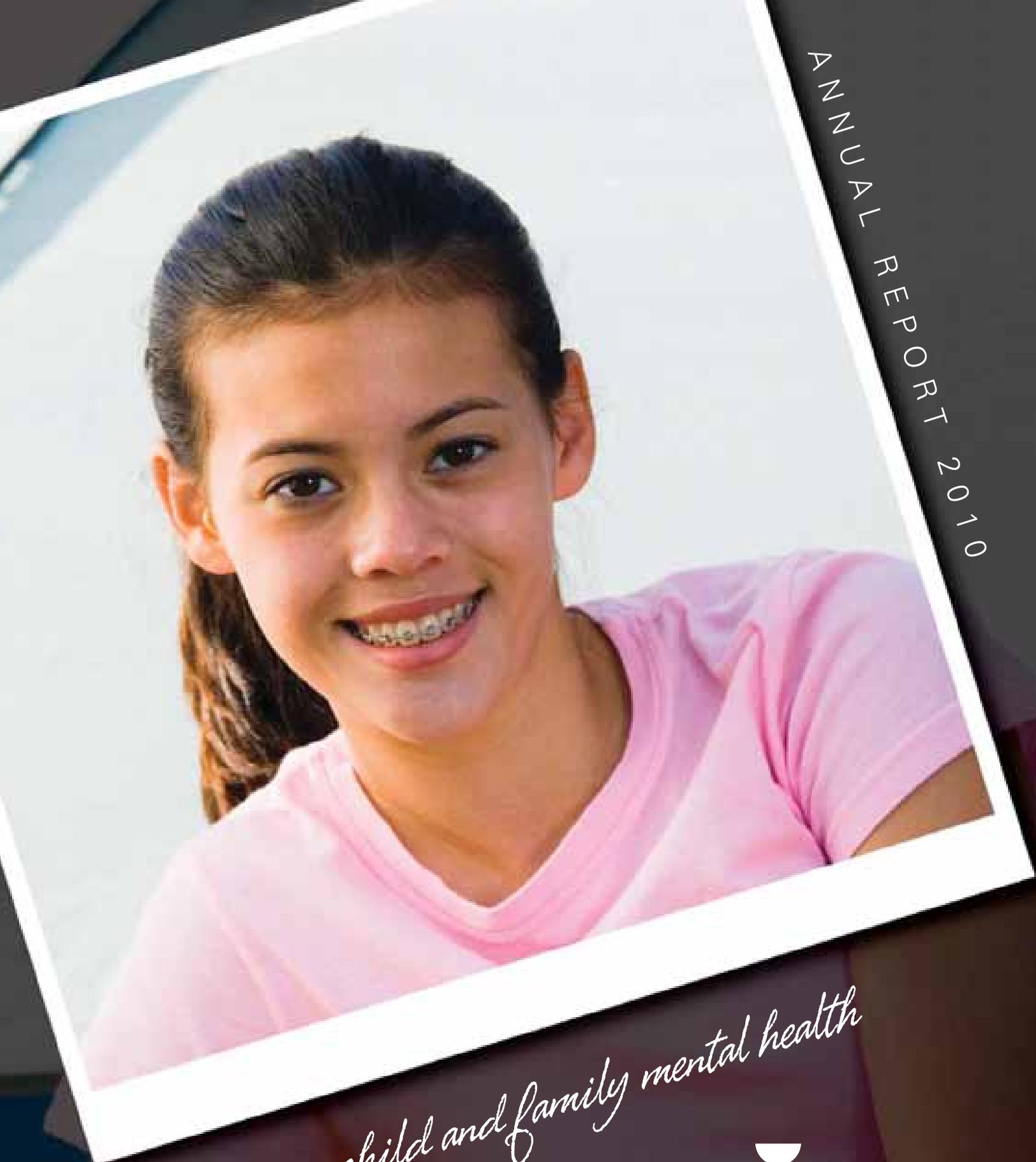


ANNUAL REPORT 2010



Advancing child and family mental health



Youthdale

Compassion, Innovation, and Hope.

YOUTHDALE FOUNDATION



*Improving the
lives of children
and youth*

Message from the Chair

Building on a foundation of success.

Youthdale Treatment Centres has been in existence for 41 years. I've been involved with this tremendous organization for almost 40 years, and I'm still awestruck by what I see in its people and its performance.

Accreditation surveyors spent a week reviewing Youthdale Treatment Centres procedures, plans, and processes this year. They reported that Youthdale's "leadership and staff aspire to perfection and top quality services everywhere in the organization." This reinforced what we already knew – Youthdale's commitment to children and their well-being is exemplary.

The Youthdale Foundation board shares this commitment, and we're pleased that so many individuals and organizations also feel compelled to support our work. The generosity of the W.C. Kitchen Foundation, RBC Foundation, and TD Bank Financial Group has been instrumental in enabling several important programs to continue and advance. The generous arts bursary from a private donor continues, we're embarking on the second Youthdale Symposium, in Fall 2011, and our growing list of public supporters now includes Hakim Optical and Agellan Capital Partners Inc.

Funding for the chair in neurodevelopmental psychiatry has now reached over \$600,000. We continue to drive this important initiative toward our goal of \$3,000,000, understanding its great potential contribution to Youthdale's work and the well-being of children and youth everywhere.

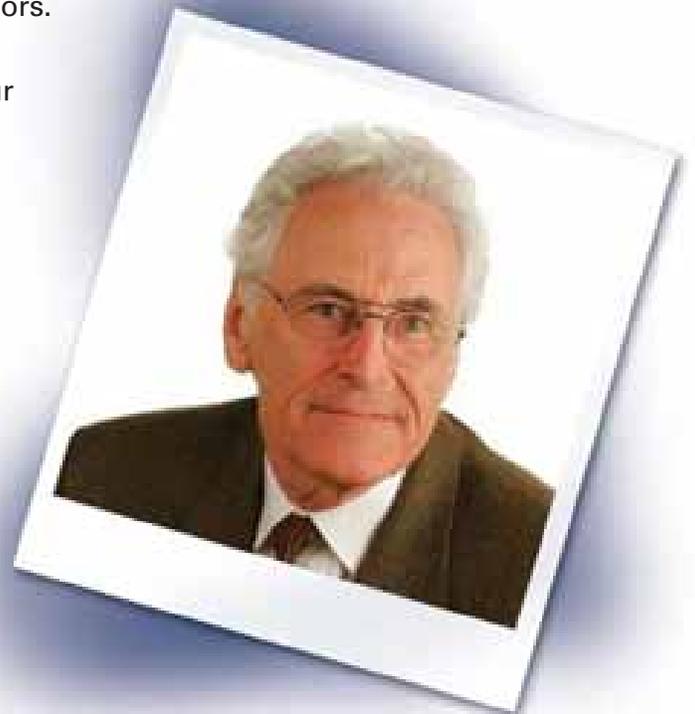
I would like to extend my personal thanks to all our board members. I look forward to working with you in the year ahead.

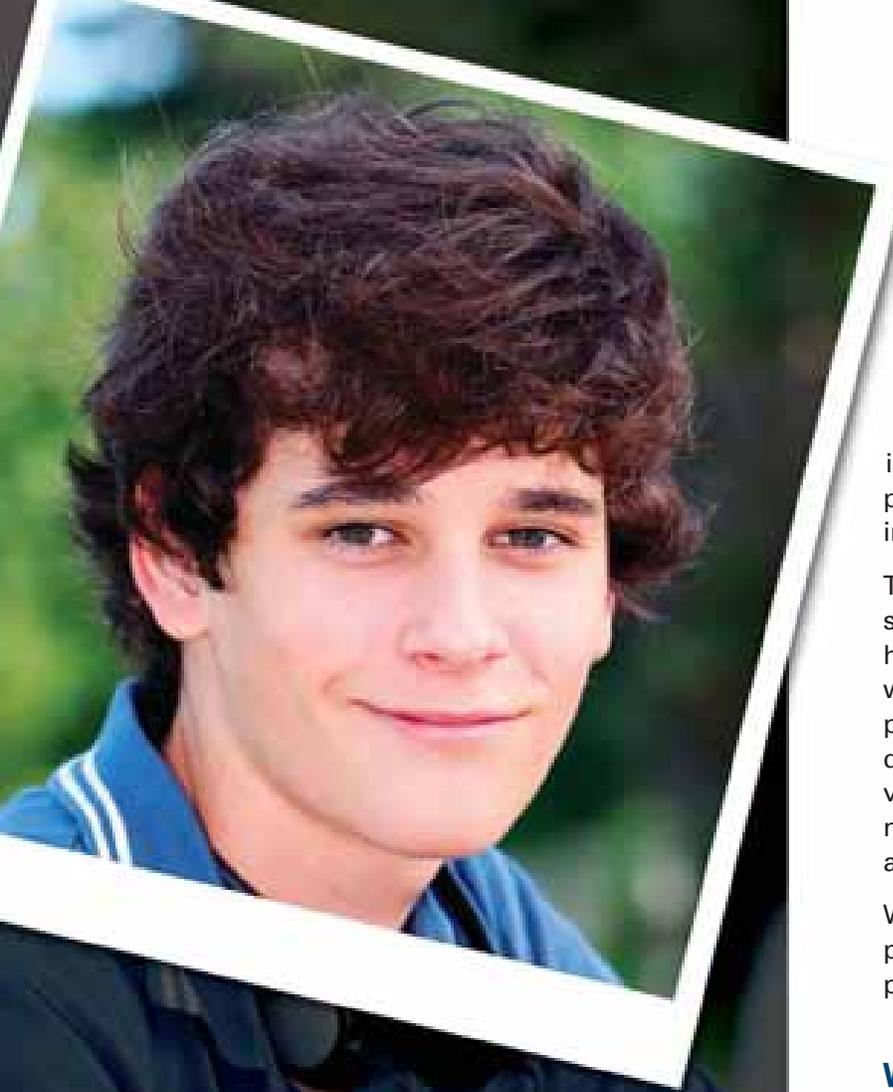
Most importantly, thank you to our partners and donors. Together we're improving the prospects of the most deserving and often most vulnerable members of our society, and your continued support enables us to build on this success.

Sincerely,



Paul Nightingale
B. Arch. MRAIC MOAA (Ret.)
Chair, Youthdale Treatment
Centres Foundation





*With your help,
the Foundation
continues its
important work.*

Highlights include:

Another night of drama!

Arts programs can help children grow and thrive in truly remarkable ways. Last year and for the first time, children from our residential treatment program participated in a nine-week drama initiative that culminated in a Broadway style production open to the public. The audience was moved to tears, inspired by the children's incredible work.

To build on this great success, we've once again signed up two George Brown theatre grads, and have expanded the program by adding a drama workshop at the outset of the nine-week program. All children in residence spent a day during March break participating in drama, voice, and music exercises, and another drama night will once again showcase the participants' amazing talents.

We're grateful for the generous support of a private donor that makes this continuing program possible.

W.C. Kitchen Foundation supports the enhanced arts program at Camp Magnetawan

Building on the success of the nine-week drama program and through the generosity of the W.C. Kitchen Foundation, this summer we'll be offering an enhanced arts program at Camp Magnetawan, Youthdale's summer camp. George Brown College has been instrumental in helping us sign on students and graduates of their theatre arts program for this initiative.

Visual arts, music, dance, choreography, and drama specialists will help create this program, and it will also feature a Broadway style production as its finale. Campers will bring home a memory book, and a DVD of the production and some 'greatest hits.' More importantly, they'll come away with new skills, greater self-confidence, and incredible memories, all made possible by the contributions of the W.C. Kitchen Foundation.

George Brown College's help is instrumental to our arts programs

We would like to acknowledge the support of George Brown College. Not only has the college helped Youthdale find exceptional program leaders in their students and graduates, George Brown has also donated tickets to productions so Youthdale children can see shows they might not otherwise have an opportunity to attend.

TD Bank Financial Group supports Youthdale's South Asian community outreach

TD Bank Financial Group has generously supported the South Asian Outreach project for two years. This effort has been hugely successful in building relationships with agencies providing mental health services to the South Asian community.

This past year we provided several mental health workshops to people of influence in the South Asian community, and four, four-month internship programs at Youthdale. The workshops and internships have increased the mental health expertise and understanding of leaders and healthcare specialists in the South Asian community.



RBC Foundation supports Youthdale's family therapy training program

This two-year effort has provided a new model for more effective therapy. Developed at McMaster and Brown Universities, the program includes a framework of best practices in family therapy. This consistent model and training approach has resulted in tremendous benefits for families receiving care at Youthdale. The generous support of RBC Foundation has enabled training of Youthdale therapists in this innovative approach to continue over the past year.



RBC Foundation®

Sychem created its own unique way to help

Recognizing the importance of Youthdale's work, Talib Hussein and Syed Hussein of Sychem Systems wanted to help. Their plan to help raise money and awareness for Youthdale is unique – for every air conditioning unit serviced by Sychem, they donate \$1.00 to Youthdale Foundation, and inform their clients about Youthdale and the donation.

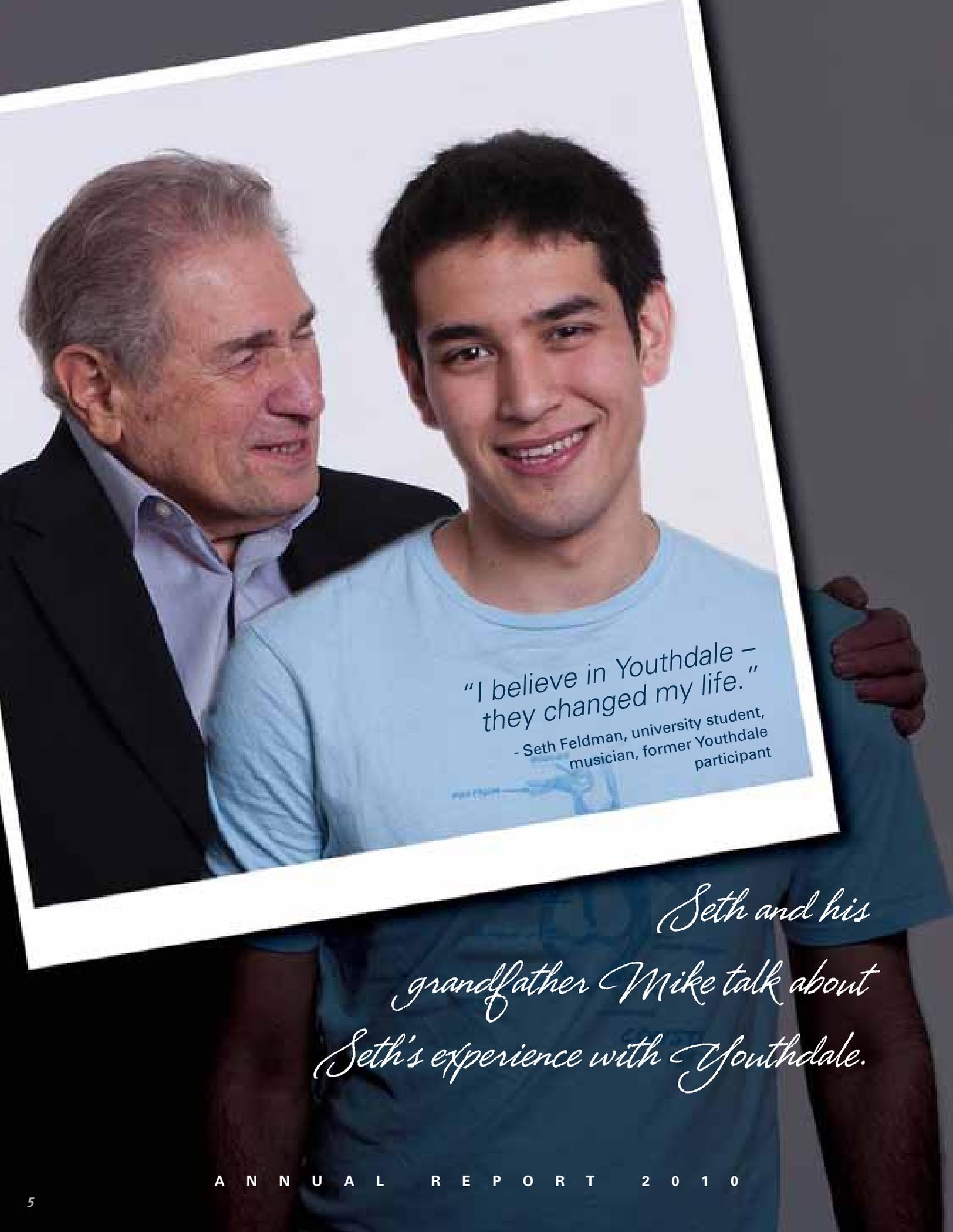
Funding the Chair for developmental neuro-psychiatry

Each year we move closer to our goal of an endowed Chair in developmental neuro-psychiatry. This research will help us understand many of the neurologically-based mental health problems that affect so many children.

Dr. Paul Sandor is collaborating with neuroscientists across North America to build a database of genetic, imaging and physiological information, which will be combined with clinical data to understand various causes of conditions such as obsessive compulsive disorder (OCD), Tourette Syndrome (TS), attention deficit hyperactivity disorder (ADHD), among others.

We continue to attract new corporate donors

We're proud to add Agellan Capital Partners Inc. to our list of corporate supporters this year. Corporate donations continue to be an important source of income, act as an endorsement of our efforts, and demonstrate broad community support that helps the Foundation and Youthdale make the case for continued individual, corporate, and government support.



"I believe in Youthdale –
they changed my life."

- Seth Feldman, university student,
musician, former Youthdale
participant

*Seth and his
grandfather Mike talk about
Seth's experience with Youthdale.*

Seth's grandfather remembers some tough times for his son's family, and how these challenges affected his grandson, Seth.

"My son had a number of issues, including schizophrenia, and this had an enormous impact on his home life. When he and his wife split, the divorce was toughest on Seth, my grandson.

"I don't know where he'd be today if not for Youthdale, and that's why I'm sharing this story. Seth too – he wants to help other kids, and he thought this was a great way to do it. Needless to say, I'm thankful for Youthdale and everything they did for my family, and I'm very proud of my grandson."

Seth's school problems began when his parents divorced.

"I took it badly. I chose to live with my dad, even though I knew dad had issues, because I was angry with my mother about the divorce. It's tough to be objective when you're young and your life is changing dramatically.

"My dad couldn't get me to do what I needed to do, and I ended up staying home and playing video games a lot. Next I moved in with my aunt. That was good, except I was too far away from my school. The next thing I knew I was going into a foster home, and I felt like my world was falling apart. The foster family ended up being nice, but I was only with them a short while.

"I went from no contact to supervised visits to dinners out and, eventually, my first weekend "home" in a long time. From there I progressed to weekends home regularly, and then back home full-time."

"When I first arrived at Youthdale, I didn't want to be there. I hardly spoke to anyone, and I didn't think about getting better, only about getting out. After a month I started to open up a bit and talk with the other kids and the counsellors. I still didn't like being there, but it was getting better. As I opened up, I was given more privileges, and I started to like it more and more.

"We went to the local school and were gradually integrated into the regular classes. I was going to school, and I was being helped with counselling and group discussions. On the advice of my counsellors, I started to re-establish a relationship with my mother, and that was an important step in my life. I went from no contact to supervised visits to dinners out and, eventually, my first weekend 'home' in a long time. From there I progressed to weekends home regularly, and then back home full-time.

"Now I'm confident and happy. I've learned a lot of valuable social skills, and this has helped me build a strong network of friends. I was reluctant and resistant at first, but the Youthdale people and program won me over. Once I started to understand my situation and how it affected me, I was on my way to better things. I agreed to tell my story because I want other kids and their families to know that Youthdale can really help – I believe in Youthdale – they changed my life."

THE YOUTHDALÉ TREATMENT CENTRES FOUNDATION

– a charitable foundation

STATEMENT OF FINANCIAL POSITION

Year Ended December 31, 2010

	Unrestricted	Restricted	2010 Total	2009 Total
Assets				
Current				
Cash	\$ 43,516	\$ 74,299	\$ 117,815	\$ 263,283
Accounts receivable	1,860	53,898	55,758	12,843
	\$ 45,376	\$ 128,197	\$ 173,573	\$ 276,126
Liabilities				
Current				
Accounts payable and accrued liabilities	\$ 1,867	\$ 24	\$ 1,891	\$ 25,698
Net Assets				
Restricted	–	128,173	128,173	191,123
Unrestricted	43,509	–	43,509	59,305
	43,509	128,173	171,682	250,428
	\$ 45,376	\$ 128,197	\$ 173,573	\$ 276,126

STATEMENT OF CHANGES IN NET ASSETS

Year Ended December 31, 2010

	Unrestricted	Restricted	2010 Total	2009 Total
Balance				
Beginning of year	\$ 59,305	\$ 191,123	\$ 250,428	\$ 180,533
Excess (deficiency) of revenues over expenses	(5,996)	(72,750)	(78,746)	69,895
Transfer of funds	(9,800)	9,800	–	–
Balance				
End of year	\$ 43,509	\$ 128,173	\$ 171,682	\$ 250,428

These statements are excerpts from the Audited Financial Statements and should not be considered complete without the notes to the Audited Financial Statements.

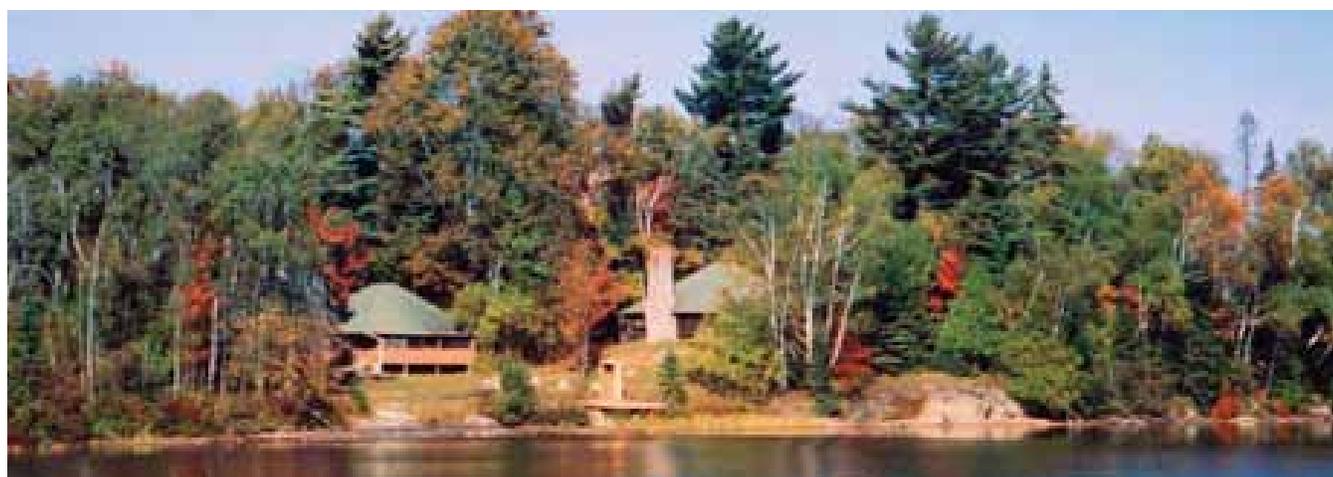
THE YOUTHDALÉ TREATMENT CENTRES FOUNDATION

– a charitable foundation

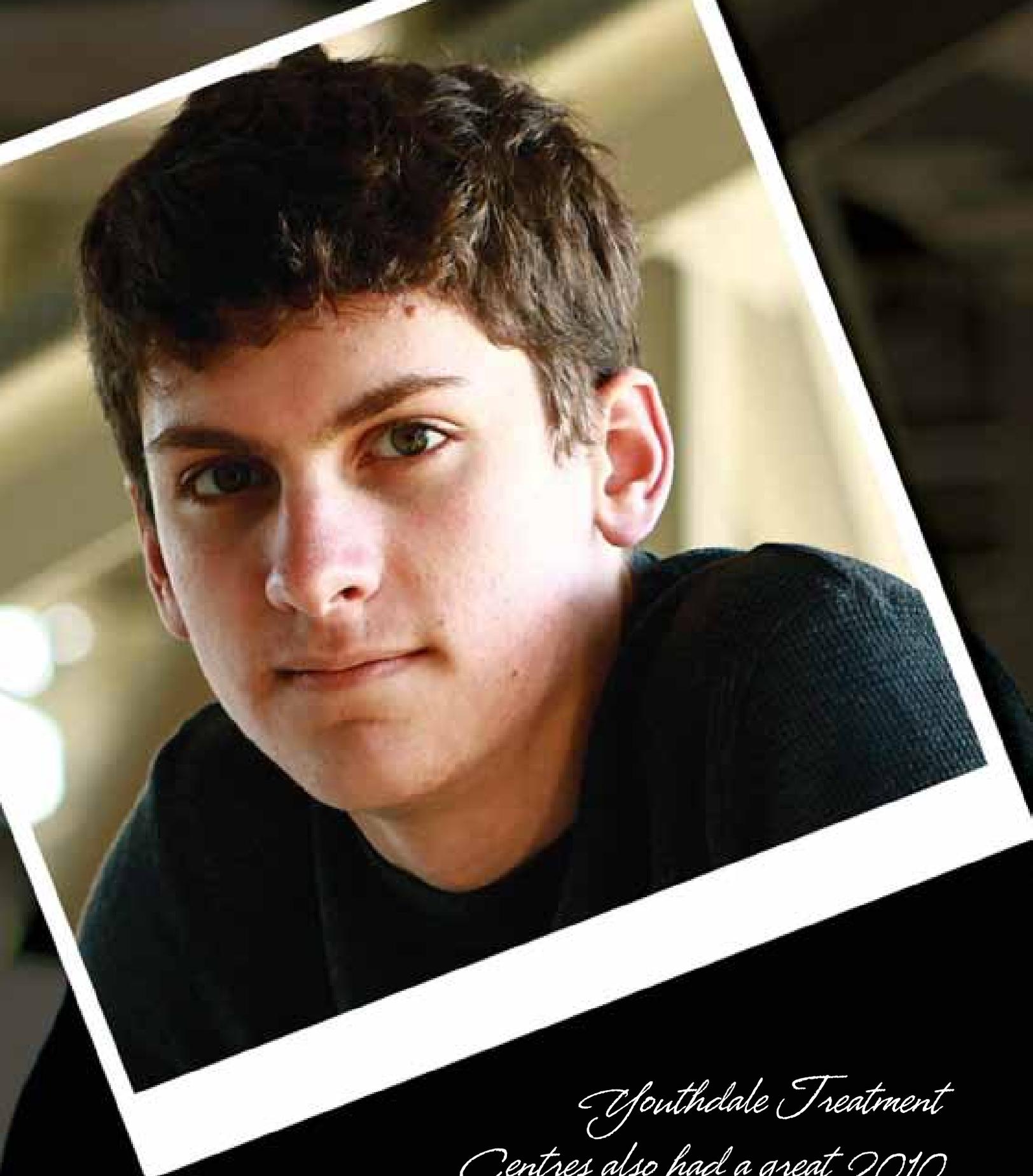
STATEMENT OF OPERATIONS

Year Ended December 31, 2010

	Unrestricted	Restricted	2010 Total	2009 Total
REVENUES				
Donations	\$ 51,161	\$ 298,540	\$ 349,701	\$ 267,611
Registration income	–	–	–	13,775
Interest	–	–	–	23
	51,161	298,540	349,701	281,409
EXPENSES				
Chair funding	–	175,000	175,000	75,000
Research grant	37,000	85,298	122,298	19,638
South Asian Outreach Program	–	60,000	60,000	58,571
Evidence Based Family Therapy Program	–	46,263	46,263	15,897
Marketing	9,197	–	9,197	5,181
Office and general	6,564	–	6,564	4,234
Art scholarship	–	4,729	4,729	–
Professional fees	4,396	–	4,396	4,333
Symposium	–	–	–	28,660
	57,157	371,290	428,447	211,514
EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES	\$ (5,996)	\$ (72,750)	\$ (78,746)	\$ 69,895



Camp Magnetawan, Youthdale's summer camp for the participants in its residential programs..



*Youthdale Treatment
Centres also had a great 2010*

Here are some Youthdale Treatment Centre highlights:

Recognition from Accreditation Canada

Accreditation Canada is a not-for-profit, independent organization that provides an external peer review process to assess the services health care organizations provide their patients and clients.

Accreditation surveyors have visited Youthdale and stated "This is an organization in pursuit of excellence, and both leadership as well as staff aspire to perfection and providing top quality services everywhere in the organization."

Youthdale is proud of its unwavering commitment to excellence and children's well-being, and looks forward to receiving its full accreditation standing in August 2011.

Camp Magnetawan just keeps getting better!

Camp Magnetawan is a 1,000 acre camp with its own private lake, three and a half hours north of Toronto. Youthdale is unique in offering a comprehensive eight-week summer camp for the children in its treatment residences. Campers enjoy team sports and games, water sports, drama, and arts and crafts. The camp's renovation in late 2010 will ensure an even better experience for campers in 2011 and beyond.

Additional psychiatric unit and clinics

There is an urgent need for mental health services for children between 16 and 19, and very few options exist for this age group. Youthdale is pursuing the development of ten additional psychiatric treatment beds and related community support with the Ontario Ministry of Health and Long Term Care. With overwhelming community support, we look forward to advancing this cause in the near future.

Youthdale's advanced academic program

Youthdale is sought after by residents and fellows in child psychiatry at the University of Toronto. This past year, Youthdale became a training site for the faculty of medicine at McMaster University as well.

This year, fellows Dr. Azmeh Shahid and Dr. Parul Agarwal have finished their advanced training at Youthdale and have become full-time staff.

Dr. Shahid, along with Drs. Kate Wilkinson, Shai Marcu, and Colin Shapiro, has written *STOP, THAT and One Hundred Other Sleep Scales: Advancing the understanding of sleep disorders*, that was accepted by Springer Science publishing for publication in 2011.



Specialized services for children from across Canada

Youthdale Treatment Centres is recognized across Canada for its leadership in treating children with complex needs, and more out-of-province organizations are coming to Youthdale for support services. Youthdale treated six out-of-province children in 2010, and this number is anticipated to grow in 2011.

Youthdale is proud of its standing in the child psychiatric community in Canada and worldwide, and its ability to help out-of-province Canadians and share insights with children's psychiatric organizations worldwide.



**Youthdale Treatment Centres Foundation
is made possible by its many private and
corporate donors:**

- Mary & Teri About
Marcy Abramsky
Judith Adams
Agellan Capital Partners Inc.
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Barristers & Solicitors
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Donna Gelman

*Our thanks to
the Friends of
Youthdale*

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 Marty & Susan Goldberg*
 Steven & Marsha Goldenberg
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 – Michael Gregory*
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**multiple year donor*





Youthdale Treatment Centres Foundation Board Members

Stephen Altbaum

Stephen is a senior partner and one of the founding partners in a mid-sized Toronto firm of Chartered Accountants.

Peter Barnes

Peter has his own company and has worked with the Ontario government as well as a number of governments outside of Canada. He is a Director on the Board of Youthdale Treatment Centres.

Mike Feldman

After a successful business career, Mike served on Toronto City Council for 18 years. Mike is Youthdale Foundation's Honorary Chair.

Mark Galbraith

Mark is a Regional Vice President with RBC Royal Bank, and received his MBA from Dalhousie University.

Rena Godfrey

Rena is a freelance writer and Executive member of Beit Halochem Canada.

Dan Hagler

Dan is the founder and Executive Director of Youthdale Treatment Centres.

Flora Hoffman

Flora is a mediator with the Financial Services Commission of Ontario. Flora fundraises for the United Way and Federated Health Charities, and has volunteered for over a decade with the Kinder Foundation, which supports Bloorview Kids Rehab.

Cliff Hendler

Cliff is one of Canada's most respected mediators, and recently merged his firm, DRS Dispute Resolution Services, with ADR Chambers, creating Canada's unrivalled leader in mediation and arbitration services.

Jacob C. Langer, MD

Jacob is the Chief of Pediatric General Surgery at the Hospital for Sick Children, and Professor of Surgery at the University of Toronto.

Paul Nightingale

Paul is a retired architect and Chair of the Youthdale Treatment Centres Foundation.

Karen Seltzer

Karen is a residential real estate sales professional who is involved with and embraces a variety of charities.

Robert Sheaffer

Robert is a lawyer and a founding partner of Harris, Sheaffer LLP, a real estate development boutique law firm.

Kevin Sherkin

Kevin Sherkin is a lawyer in private practice with the law firm Levine, Sherkin and Boussidan.

Barry Smurlick

Barry is a Hamilton lawyer practicing in the areas of Real Estate and Wills and Estates.



*With your help,
we're making a difference.*

